

2026 Estimate of People Experiencing Homelessness in Chicago

CHICAGO COALITION TO END HOMELESSNESS

Reporting data 2015-2025

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City and census data indicate that **58,625** people experienced homelessness in Chicago throughout 2024, according to the most recent data available. [Recent actions](#) by the Trump administration have pushed an [inhumane and racist](#) agenda that [criminalizes homelessness](#) and [spreads false information](#) about its causes and solutions. These policies not only increase housing barriers and lead to more people becoming unhoused, but also put individuals experiencing homelessness at [even greater risk than they already are](#). We are also concerned that the [U.S. Department of Housing and Urban Development](#) (HUD) fails to recognize [all of the ways that people experience homelessness](#). As a result, HUD-funded services are often unable to reach everyone in need and fall short in both [the scale and the type of support provided](#).

For the past ten years, Chicago Coalition to End Homelessness has produced [annual estimates](#) that reflect the full scope of homelessness beyond what official counts may capture. In this report, we present this data in context and answer common questions about the realities, causes, and solutions to homelessness.

Contrary to the narrative behind recent federal action, homelessness is a systemic failing rather than an individual failing. This report emphasizes that ending homelessness requires increased funding and policy change, and it explores what **YOU** can do to join the fight.



I thought homelessness just meant someone sleeping outside, like on a park bench.

What is homelessness actually?

A stylized illustration of a young man with dark brown skin and curly, dark hair. He has a neutral expression and is wearing a bright yellow t-shirt. The background consists of horizontal light purple and white stripes, with a single blue triangle pointing upwards on the right side.

Joe, a curious community member

An illustration of a person with dark, curly hair, wearing glasses and a teal shirt. A speech bubble containing the letter 'S' is positioned to the right of the person's head.

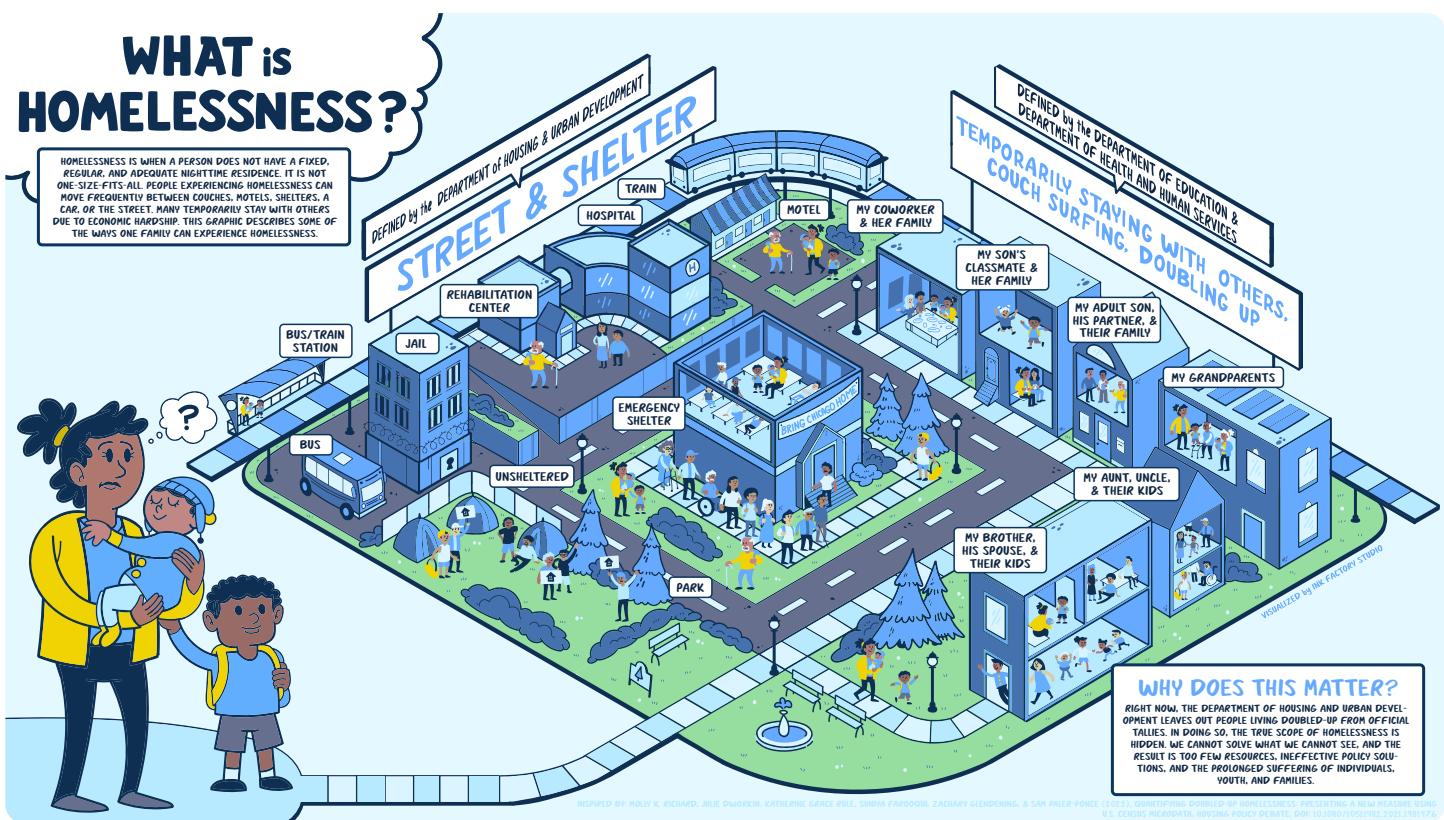
Sam, a housing advocate

Homelessness is any situation where someone does not have a fixed, regular, and adequate place to live. This can mean sleeping outside, in a shelter, in a car, on someone's couch, or other impermanent or overcrowded situations. A single person often experiences several of these forms over time.

HUD, however, defines homelessness more narrowly—mainly as living in shelters, on the street, in places not meant for habitation, or fleeing domestic violence. In Chicago, the most common experience is “doubling up,” when someone stays with friends or relatives because they have nowhere else to go (see graphs). Other entities of the Federal Government, such as [the Department of Education do recognize doubling up as homelessness](#), but they do not provide housing resources.

WHAT is HOMELESSNESS?

HOMELESSNESS IS WHEN A PERSON DOES NOT HAVE A FIXED, REGULAR, AND ADEQUATE NIGHTTIME RESIDENCE. IT IS NOT ONE-SIZE-FITS-ALL. PEOPLE EXPERIENCING HOMELESSNESS CAN MOVE FREQUENTLY BETWEEN COUCHES, MOTELS, SHELTERS, A CAR, OR THE STREET. MANY TEMPORARILY STAY WITH OTHERS DUE TO ECONOMIC HARDSHIP. THIS GRAPHIC DESCRIBES SOME OF THE WAYS ONE FAMILY CAN EXPERIENCE HOMELESSNESS.





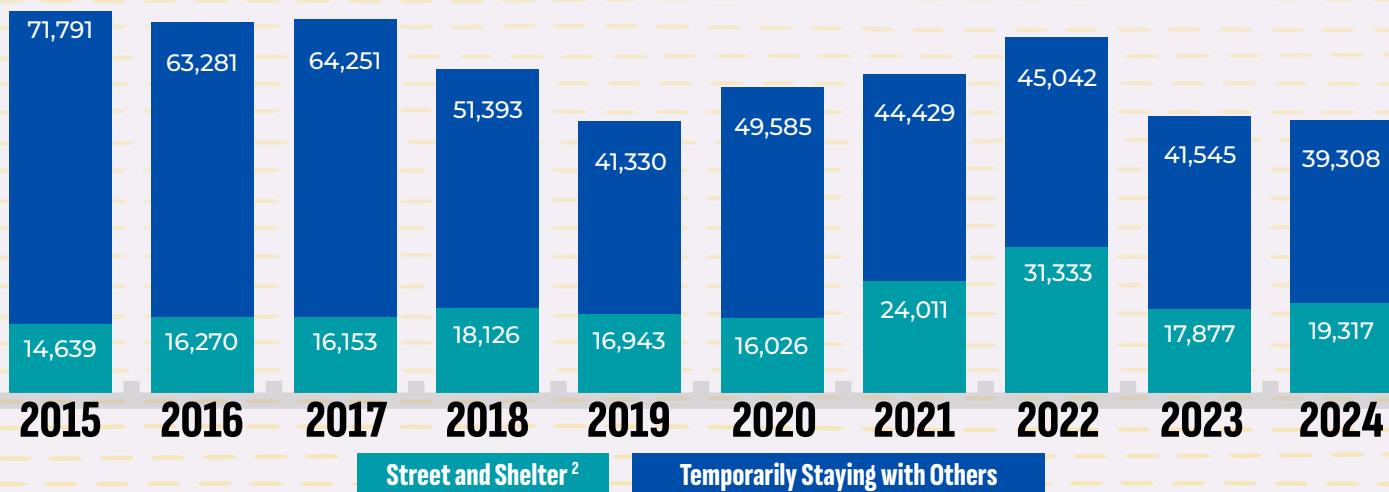
I thought only 18,836 people were experiencing homelessness in Chicago in 2024.

Where did that number come from?



That figure comes from the [Point-in-Time \(PIT\)](#), HUD's traditional method for estimating homelessness. It only counts people staying in a shelter or visibly on the street. [The PIT is limited](#) because it leaves out many groups, like people who are doubled up with friends or family. Additionally, it's just a snapshot from one night each year, usually a cold night in January.

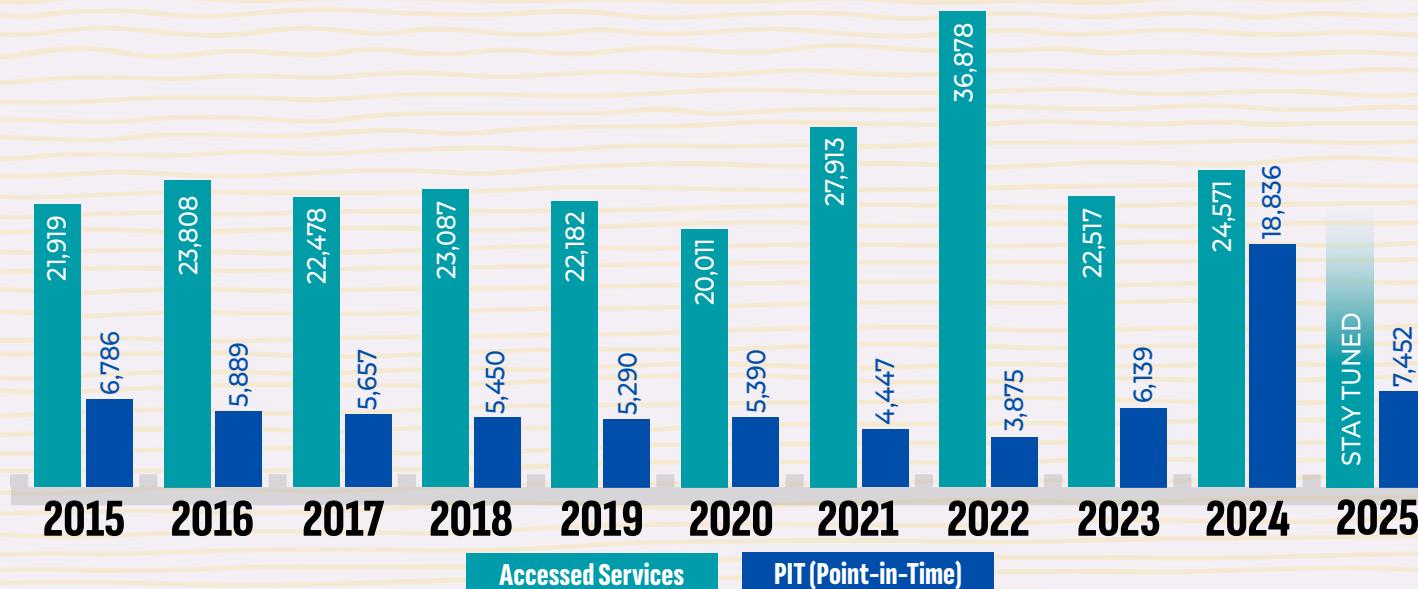
YEAR TO YEAR, Street/Shelter¹ & Doubled Up²



¹ Street and Shelter Data: Chicago Homeless Management Information System (HMIS), All Chicago Making Homelessness History. All Chicago was not involved in the data analysis included in this report, and the conclusions in this report do not represent the views of All Chicago.

² Doubled Up data: Steven Ruggles, Sarah Flood, Matthew Sobek, Daniel Backman, Grace Cooper, Julia A. Rivera Drew, Stephanie Richards, Renae Rogers, Jonathan Schroeder, and Kari C.W. Williams. IPUMS USA: Version 16.0 [dataset]. Minneapolis, MN: IPUMS, 2025. <https://doi.org/10.18128/D010.V16.0>

YEAR TO YEAR, Accessed Services vs. PIT



Note: Accessed Services includes those people who have an HMIS record of being homeless and/or doubled-up at some point during the year. In addition, Accessed Services counts all individuals over a 12-month period, whereas the PIT represents the count on a single night.

2023, Homelessness by Family/Household Type

DOUBLED UP	
COUPLED PARENT	1,926*
CHILD OF COUPLED PARENTS	1,999*
SINGLE PARENT	5,230
CHILD OF SINGLE PARENT	11,988
ADULTS ONLY	476*
SINGLE ADULT	12,077
UNACCOMPANIED YOUTH	7,849*
TOTAL	41,545
STREET AND SHELTER	
25+ HOH	3,329
25+ ONLY	1,296
SINGLE 25+	10,203
SINGLE (UNDER 25)	1,412
UNDER 25 HOH	725
UNKNOWN FAMILY TYPE	912
TOTAL	17,877

2024, Homelessness by Family/Household Type

DOUBLED UP	
COUPLED PARENT	561*
CHILD OF COUPLED PARENTS	341*
SINGLE PARENT	3,854*
CHILD OF SINGLE PARENT	7,515
ADULTS ONLY	2,312*
SINGLE ADULT	14,385
UNACCOMPANIED YOUTH	10,340
TOTAL	39,308
STREET AND SHELTER	
25+ HOH	3,854
25+ ONLY	1,948
SINGLE 25+	10,584
SINGLE (UNDER 25)	1,298
UNDER 25 HOH	723
UNKNOWN FAMILY TYPE	910
TOTAL	19,317

Note on Family Types: Differing formats in HMIS and IPUMS data do not allow for a direct comparison of street & shelter vs. doubled up by family type.

*use statistic with caution.

COUPLED PARENT = Parent in two-parent family units with children under 25

CHILD OF COUPLED PARENTS = Individual under 25 who is with their coupled parents

SINGLE PARENT = Family with one parent and children or offspring under 25

CHILD OF SINGLE PARENT = Individual under 25 who is with their single parent or guardian

ADULTS ONLY = Household/family unit with no minors

SINGLE ADULT = Individual 25 or older with no other household members

UNACCOMPANIED YOUTH = Individual under 25 with no other household members

25+ HOH = Members of family or household units with at least one adult head of household (25 or older) and members under 25

25+ ONLY = Members of household units of adults only (all 25 or older)

SINGLE 25+ = People 25 or older with no other household members

SINGLE (UNDER 25) = People younger than 25 with no other household members

UNDER 25 HOH = Members of family or household units with no adults (25 or older) with or without dependents



RACE & ETHNIC DEMOGRAPHICS:

2023

2024

	STREET + SHELTER	DOUBLED UP	STREET + SHELTER	DOUBLED UP
WHITE	1,878	3,731*	1,906	4,435
BLACK/ AFRICAN AMERICAN	11,371	18,487	12,063	20,841
AMERICAN/ALASKAN INDIGENOUS	126	188*	87	891*
ASIAN AND PACIFIC ISLANDER	150	3,808	161	2,064*
2 OR MORE RACES	791	6,754	408	2,961
LATINE/ HISPANIC	2,028	16,333	2,671	12,767
OTHER/UNKNOWN	1,533	8,577*	2,021	8,116

*use statistic with caution.

Note on Race & Ethnic Demographics: In the IPUMS, doubled-up, data ethnicity (Hispanic/Latine) is a separate question than race and the counts are not de-duplicated. In the HMIS, Street/Shelter, data ethnicity and race are not separate questions, and the counts are de-duplicated. "Latine/Hispanic" includes people that identify as both "Latine/Hispanic" and "white & Latine/Hispanic".

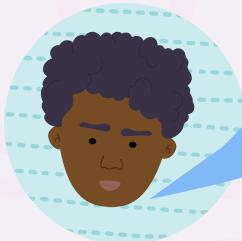
AGE RANGES:

2023

2024

	STREET + SHELTER	DOUBLED UP	STREET + SHELTER	DOUBLED UP
0 - 4	1,136	3,927*	1,238	4,974
5 - 13	1,369	7,770	1,549	5,020*
14 - 17	441	3,103*	546	2,275*
18+	13,640	26,745	14,288	27,039
UNKNOWN	1291	0	1,685	0

*use statistic with caution.



The numbers have changed over the past 10 years.

What kinds of policy and other things might have caused that?



This timeline shows the total estimate over the last 10 years and things that may have impacted it.

The causes of homelessness and the policies impacting it are complex and interact in complicated ways. We focus mostly on policy here because policy is made by people and can be changed by people. It is important to note that although we have tried to be comprehensive in this report, there are factors that we may not have fully addressed.

TIMELINE

2015

CCH Chicago Homeless Estimate: **86,430**

- [Illinois budget impasse](#) cuts state homelessness funding, forcing service reductions and raising homelessness risk.
- HUD issues [Affirmatively Furthering Fair Housing \(AFFH\)](#) rule, requiring local governments to address segregation and expand equitable housing access.
- Chicago updates [Affordable Requirements Ordinance](#), requiring developers to add or fund more affordable housing in new projects.

2016

CCH Chicago Homeless Estimate: **79,551**

This small reduction could be the impact of the AFFH!



- [Opioid crisis](#) disproportionately impacts homeless populations nationwide.
- Chicago launches [homelessness task force](#), introducing housing programs and improving services.
- [Decline in federal rental assistance](#) leaves thousands of low-income families without stable housing.

2017

CCH Chicago Homeless Estimate: **80,404**

- Chicago's [Flexible Housing Pool](#) launches, housing high-need individuals.
- [Illinois budget impasse ends](#), restoring funding to homelessness providers.
- Chicago's [Families in Transition](#) policy provides stable housing for homeless families in high-need schools.

2018

CCH Chicago Homeless Estimate: **69,519**

Could the Flexible Housing Pool & Families in Transition programs be at work in this reduction?

- Chicago's 2015 Affordable Requirements Ordinance [performs far below its goals](#).
- [Rising poverty](#) in Illinois increases homelessness risk.
- [Trump budget](#) proposes deep HUD cuts, but [Congress keeps most funding](#).



2019

CCH Chicago Homeless Estimate: **58,273**

A consistent reduction!
Policies protecting people and expanding resources work!

- Chicago's [increase in homelessness funding](#) aims to expand youth and low-income housing access.
- [Chicago's 2019-2023 Five-Year Housing Task force is implemented](#) to create affordable housing.

2020

CCH Chicago Homeless Estimate: **65,611**

annndddd... COVID,
there it goes up again!

- Trump administration [cancels AFFH rule](#), worsening housing discrimination and homelessness risk.
- [CARES Act](#) provides money to support homelessness programs during COVID-19 pandemic.
- CDC issues [eviction moratorium](#) for tenants under a certain income.
- [Economic Impact Payments](#) deliver financial relief to households, including those at risk of homelessness.
- [COVID-19](#) pandemic disproportionately harms Chicago's Black communities, worsening housing inequalities and homelessness risk.

2021

CCH Chicago Homeless Estimate: **68,440**

- [American Rescue Plan Act](#) allocates funding for rental assistance and homelessness programs.
- An [Illinois Executive Order](#) launches new strategy to reduce homelessness.
- [Federal eviction moratorium ends](#), triggering a rise in evictions and homelessness risk.

2022

CCH Chicago Homeless Estimate: 76,375

- The [Federal Ending Homelessness Act](#) expands [housing vouchers](#) and makes homelessness grants permanent.
- [Texas busses thousands of immigrants to Chicago](#), straining shelters and housing resources.
- Illinois passes [Source of Income Fair Housing Law](#), banning landlord discrimination against vouchers or SSI users.
- Biden administration launches [“All In” plan](#) to cut homelessness.



Every human deserves safe and stable housing. We need policy that provides this both for new neighbors AND our existing community members.

2023

CCH Chicago Homeless Estimate: 59,681

- [COVID-19 relief \(eviction ban, tax credits, stimulus checks, rental aid\) ends.](#)
- Chicago introduces [Bring Chicago Home ordinance](#), which would tax high-value property sales to fund affordable housing.

Seeing impacts of the American Rescue Act? But with rollbacks on the horizon, we'll see if this downturn continues in 2025.

2024

CCH Chicago Homeless Estimate: 58,625

- Supreme Court rules cities can punish homeless people for public camping, expanding criminalization risks.
- Chicago appoints [Chicago's first Chief of Homelessness Officer](#) and introduces five-year housing strategy.
- [Chicago voters reject “Bring Chicago Home” real estate tax](#), blocking new housing/homelessness funding.
- [PIT count increases from 6,139 in 2023 to 18,836. 13,679 of those counted were “sheltered new arrivals.”](#)
- Chicago ends [guaranteed shelter beds](#) for new immigrant arrivals, raising risk of unsheltered homelessness.

YIKES, that's just cruel!

Welcome Senty Soto!

Lies and propaganda from the real estate lobby as well as low voter turn out. Our fight for stable funding to end homelessness is not over, [join us!](#)

2025 (full estimate coming in 2027)

- Trump's [Executive Order](#) reverses “Housing First,” favoring treatment-based strategies and involuntary commitment. [2025 NOFO](#) slashes permanent housing resources and encourages criminalization of people experiencing homelessness.
- [Studies confirm](#) rental assistance and supportive services significantly reduce homelessness.
- [Illinois cuts 2026 housing program budget](#), raising concerns about worsening housing crisis.



JOE: The estimate of 58,625 suggests that homelessness has been declining in Chicago. What could be causing the decline?

SAM: We think there are two main reasons behind the decrease. First, COVID relief funds provided [temporary support that helped people stay housed](#), but those resources weren't permanent, [so this trend may reverse](#). Second, rising costs in Chicago have pushed many residents to leave the city, particularly [low-income Black Chicagoans](#), which lowers the local count but doesn't necessarily mean fewer people are experiencing homelessness overall.

This decrease does indicate that increases in resources directed at housing services, such as those due to COVID and homelessness services based in Housing First have the power to help end homelessness. Unfortunately, under the Trump administration the Department of Housing and Urban Development attempted to [reduce funding to both homelessness services and Housing First policies](#). These changes may lead to a loss of any progress that has been made in ending and preventing homelessness.



JOE: I always heard that homelessness was caused mostly by individual problems, like substance use. But if that were true, the rates of homelessness wouldn't vary so much by year or [by city](#).

So what actually causes homelessness?

SAM: Homelessness is driven by policy, economic, and community inequities—not just individual circumstances. In Chicago, for example, Black residents make up just under [30% of the population](#) but over 50% of people experiencing homelessness.



Homelessness is driven by policy, economic, and community inequities—not just individual circumstances.

The primary root cause is [systemic racism](#), which shapes housing, employment, and the criminal legal system. Discriminatory practices like [redlining](#) blocked Black families and other communities of color from [homeownership and wealth-building](#). Racism also contributes to [disproportionate incarceration](#), which directly [increases the risk of homelessness](#). Overall, racial discrimination creates [lasting barriers](#) that keep communities from securing stable housing.

Overlapping with racism are inequities in health and disability. For example, people who rely on [Supplemental Security Income](#) (SSI) face a difficult tradeoff: they must remain unable to work in order to qualify, yet the benefit amount is [far too low to cover housing costs](#). In addition, people with disabilities or chronic health conditions are at [greater risk of becoming homeless](#), and once homeless, their [conditions often worsen](#) due to lack of stable shelter, consistent care, and safe environments.

Framing homelessness as an individual problem distracts from the systemic and policy changes that are necessary to actually end homelessness.



Similarly, while [substance use is not the primary cause of homelessness](#), people already vulnerable due to systemic inequities may be more likely to become unhoused if they use substances. More importantly, the trauma of homelessness itself increases the risk of substance misuse and [creates barriers to accessing treatment or support](#). This cycle reflects broader [policy failures](#), including the [federal response to the opioid epidemic](#).

Furthermore, sexual and gender-based violence is both a [pathway into homelessness and a barrier to securing stable housing](#). People who identify as Lesbian, Gay, Bisexual, Trans, Queer, or other associated identities not only experience [higher rates of homelessness but also face greater risks of violence and discrimination while unhoused](#).

These impacts of racism, sexism, ableism, and homophobia all intersect with the broader [housing affordability crisis](#). There is simply [not enough affordable housing](#) to meet the need in [Chicago](#) or [nationwide](#), and [restrictive policies](#) have limited alternative housing options. Importantly, the crisis is not due to a lack of housing stock—Chicago had [109,703 vacant housing units in 2024](#), nearly twice the number of people experiencing homelessness.

There are many [complex](#) and [intersecting](#) reasons why people experience homelessness. Framing it as an individual problem distracts from the systemic and policy changes that are necessary to actually end homelessness.

JOE: I don't know... it seems like if people just got a job, they could get housing, right?

SAM: It's not that simple. Many people experiencing homelessness are [already employed](#), but [wages often aren't enough to cover the high cost of rent](#). For those who are unemployed, [homelessness and unemployment reinforce each other](#), making it harder to get either stable work or housing. These barriers are even greater for Black people and other communities of color because of systemic discrimination in both the labor and housing markets.



JOE: If people can't afford housing, why don't they just stay with friends or family?

SAM: Many people do, but those situations are often unstable or unsafe, and not everyone has a social network that can offer housing. Even when someone does have a temporary place to stay, doubling up can disqualify them from many housing services. So, while it may seem like a solution, doubling up is often dangerous, impractical, and still a form of homelessness.

JOE: So, what help is out there for people trying to get housing?

SAM: The Department of Housing and Urban Development (HUD) is the primary federal funder of housing and supportive services. HUD organizes these programs through a system called the "Continuum of Care" (CoC), which coordinates housing resources within a region. As is, the homelessness response system does not have enough funding, and not everyone experiencing homelessness qualifies for help. Even for those who are eligible, strict documentation requirements, complicated

prioritization rules, and other barriers often prevent people from actually getting into housing.

Though imperfect, it is important to note that the CoC system is under threat by the Trump administration. Ending the CoC system without an adequate replacement would cause hundreds of thousands of people to return to homelessness.

Housing programs funded by the State of Illinois and the City of Chicago generally operate through the CoC system and face the same barriers around access and limited resources. To address the gap, CCH and its partners launched the Bring Chicago Home campaign in 2018 with the goal of securing more stable local funding.

The bottom line is that no single service, benefit, or organization can solve homelessness on its own.



Policy has the power to both prevent and end homelessness, but only if it is comprehensive, accessible, and ensures adequate affordable housing for all.



JOE: Homelessness sounds really complicated, and it seems lots of things have already been tried. What can actually be done to end it?

SAM: Policy has the power to both prevent and end homelessness, but only if it is comprehensive, accessible, and ensures adequate affordable housing for all. Effective policy must also

confront the discriminatory root causes of homelessness, including racism, homophobia, and ableism. This can be achieved by not only allocating more funding to homelessness policies, but also by ensuring that resources are efficient, low-barrier, and flexible.

Proven approaches like the “Housing First” model are now being dismantled by the Trump administration, replaced with new policy guided by an executive order that will criminalize and worsen homelessness. Homelessness persists not because it is inevitable or unsolvable, but because of harmful policies like those of the Trump administration.

Blaming individuals for their own poverty distracts attention from broken housing markets and underfunded support programs while overlooking proven solutions like Housing First and accessible housing policies, which have effectively reduced homelessness. Punishing people for experiencing homelessness does not solve homelessness, it simply hides homelessness and makes it harder for people to escape.



Everyone experiencing homelessness deserves access to immediate stable housing.

Effective policy can make this a reality.

METHODOLOGY

JOE: How do you come up with your annual estimate of people experiencing homelessness in Chicago?



SAM: To get a better understanding of the number of people experiencing all types of homelessness, Chicago Coalition to End Homelessness (CCH)

created a new method. CCH worked with researchers from Vanderbilt University and the [Social IMPACT Research Center](#) of Heartland Alliance to create this new way of estimating homelessness. [This method is published in the Housing Policy Debate journal](#) and the [Integrated Public Use Microdata Series dataset](#) is open to anyone to view and use for their own research. This estimate aims to not count the same person twice by removing duplicate entries whenever possible. Given the limits of all the data sources, there may still be some duplicates within the data. In 2024, CCH found that 5,254 people in the Homelessness Management Information System (HMIS) used homeless services and stayed with friends or family at some point during the year. CCH removes this population from the street and shelter estimate, assuming that they would be captured in the doubled-up estimate.



JOE: Who is included in Homeless Management Information System (HMIS) Data?

SAM: To count people experiencing street and shelter homelessness throughout the year, CCH asked for a count of everyone who accesses certain types of services recorded in the [Homeless Management Information System \(HMIS\)](#). The [Department of Housing and Urban Development](#) defines homelessness as people living in places not meant for habitation, emergency shelters, or transitional housing. The HMIS data includes all people served, anytime during the specified time period, by one or more of these project types: [Emergency Shelter](#), [Street Outreach](#), [Safe Haven](#), [Transitional Housing](#), and [Coordinated Entry](#). In addition, if a person can be identified as having doubled up in the past year, that person is excluded from the HMIS data. While this report refers to all HMIS data as "street and shelter homeless," some people enrolled in the Transitional Housing and Coordinated Entry project types meet other categories of homelessness, if those people were unable to be excluded from the HMIS data. The data also excludes people who were served exclusively by enrollment in a [Rapid Re-housing](#) program. Although temporary, Rapid Re-housing programs are considered permanent housing by HUD and by the Chicago Continuum of Care. These estimates do not include people who are experiencing street-based homelessness but have not used homeless services. It also does not include people who are homeless but may not want anyone to know, like those who do sex work and cannot safely report their income. This does not include people who were in jail the entire year and were experiencing homelessness before they entered the carceral system. Finally, people who were in healthcare institutions the entire year are also not included.

Source: Chicago Homeless Management Information System (HMIS), [All Chicago Making Homelessness History](#). All Chicago was not involved in the data analysis included in this report, and the conclusions in this report do not represent the views of All Chicago.

JOE: In your analysis how does CCH define “Homeless by Temporary Staying with Others?”

SAM: For our analysis “temporarily staying with others” includes poor individuals and families who fall outside of the conventional household composition and cannot afford to live in housing of their own or formally contribute to housing costs. For the purposes of this estimate, individuals who meet the following conditions are considered homeless:

- Adult children and children-in-law of the household head who have children of their own, are married, or are single but live in an overcrowded (more than two people per bedroom) situation.
- Minor and adult grandchildren of the household head, excluding:
 - Minor grandchildren of the household head when the household head claims responsibility for their needs.
 - Minor grandchildren whose single parent is living at home and is under 18 (i.e., children of teenage dependents).

- Other relatives of the household head: Parents/parents-in-law, siblings/siblings-in-law, cousins, aunts/uncles, and other unspecified relatives of the household head who are under the age of 65, excluding:
 - Minor siblings of the household head when the minor's parent is not present (so the household head may assume responsibility for minor siblings).
 - Single and childless adult siblings of the household head, when the household head is also single with no children—resembling a roommate situation.
- Parents/parents-in-law, siblings/siblings-in-law, cousins, aunts/uncles, and other unspecified relatives of the household head who are over age 65 and in an overcrowded situation.
- Non-relatives of the household head such as friends, visitors, and “other” non-relatives, excluding:
 - Roommates/housemates, roomers/boarders, and unmarried partners or their children.



CALL TO ACTION

Got it. So the solution to homelessness is effective policy, not criminalization or institutionalization. All of that sounds like something only policymakers can do.

What can I do to help end homelessness?



It's important to recognize that we, the people of the United States of America, Illinois, and Chicago are policymakers, and we do have the power to make change.

Here are some specific things you can do:

- [Take action](#) with the Chicago Coalition to End Homelessness.
- Support CCH's local advocacy and other campaigns to effectively address homelessness. [Sign up here](#) to stay connected.
- Follow and support local initiatives like these:
 - » [Grassroots Collaborative Policy Platform](#)
 - » [Just Cause Campaign](#)
 - » [The Right to Counsel](#)
 - » [Flexible Housing Pool Initiative](#)
 - » [Impact for Equity: Building the Future](#)
- Engage in the Chicago city budgeting process. [Sign up here](#) to stay connected.
- Know your [Chicago Alderperson](#) and [other representatives](#), and contact them about homelessness policy.
- Advocate against [local policies that criminalize](#) people experiencing homelessness.
- Check out the [National Coalition for the Homeless' list](#) of accessible, everyday actions.
- Treat your unhoused neighbors with respect by greeting them, making eye contact, and acknowledging their humanity. Communities that support people experiencing homelessness are healthier, safer, and stronger overall.
- Share this report!